

# Harbor to the Bay Ride

Mi	Turn	Onto - Comments
0.0	F	Clarendon St.
0.5	L	Tremont St. @TL
0.5	R	Waltham St.
0.7	X	Washington St. @ SS
0.8	L	Harrison Ave. @ TL
1.1	R	Traveler St. @ TL
1.3	F	West Broadway St
1.5	R	Dorchester Ave. @TL
1.9	BL	Old Colony Ave. @TL <b>[P stop at Dunkin' Donuts]</b>
2.6	F	Continue past rotary @SS
2.9	BR	Onto Off ramp @TL
3.1	BR	Morrissey Blvd. (pass WLVI-TV & Boston Globe)
5.8	L	Neponset Ave. Follow under highway.
0.4	F	Neponset River Bridge
6.2	BR	Exit ramp to Hancock St. (Rt. 3A)



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7.8	F	Hancock St. (Not 3A)
9.1	BR	Hancock St. @TL b/c Quincy Ave. <b>[P stop at Burger King]</b>
11.6	BL	Commercial St. (Rt. 53) @TL
11.7	R	Front St. @TL (If you miss turn, follow Rt. 53 & BR at Rt. 18 to pick up route.)
12.1	BL	Front St. (Follow arrows.)
14.5	L	West Street At Stop Sign
14.5	QR	Route 18 At Traffic Light
14.7		<b>PIT STOP 1</b> Mowery Square Right
15.8	R	Pond St. @TL (If you miss this, make left at Rt. 58)
17.2	X	Rt. 18 @TL
	F	Rt.58. Follow to Plympton.
19.1	BL	Rt. 58 @V

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21.7	BR	Follow rotary counter-clockwise to 3rd Right
24.1	BR	Rt. 58 <b>[P stop at McDonald's]</b>
29.6		<b>Pit Stop #2</b> Halifax Boat Ramp (Palmer Mill Rd., 2nd int.)
34.9	L	Mayflower Rd. @TL (sign for Parsonage Rd. at right)
35.6	BL	Colchester St. (Follow Bike Route 1)
38.1	R	Route 80 West
40.6	L	Rt. 80 West @T (blinking TL)
43.3	L	Rt. 44 @T
43.5	BR	Carver Rd. @TL Do not make hard R onto Seven Hills.
44.0	L	Summer St. @SS Follow into Plymouth Center.
45.2	R	<b>Pit Stop #3</b> Skateboard Park



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45.7	R	Pleasant St. @T, then
45.8	F	Pleasant St. (not Bike Rt. 1)
46.0	R	South St. @T (Follow under Rt. 3) b/c Long Pond Rd. <b>[P stop at gas station before Rt. 3]</b>
56.1	BL	Hedges Pond Rd.
57.9	R	Rt. 3A (State Rd.) @T
	F	State Rd. (Do not go on Rt. 3A) <b>[P stop McDonald's at end]</b>
60.5	X	Scenic Highway @TL onto Canal St.
60.7	R	Take sidewalk in front of Friendly's to the bridge. <b>Pit Stop #4</b>
60.7	F	Walk bike over bridge. <b>[Illegal and dangerous to ride over the bridge.]</b>

L=Left R=Right X=Cross F=Forward B=Bear Q=Quick SS=Stop Sign T=T-Stop TL=Traffic light V=Fork

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61.2	BL	After Sagamore Bridge, remount and ride downhill through parking lot.
61.4	L	Adams Rd.
61.5	R	Rt. 6A East @SS
62.4	BR	Rt. 130
63.6	BR	Rt. 130 through Sandwich
65.4	X	under Rt. 6
65.6	L	Service/Access Rd.
67.6	X	Quaker Meeting House Rd. @SS
69.8	X	Chase Rd. @SS
72.2	L	Rt. 149 @T
	QR	Service/Access Rd.
73	L	Oak St. @SS
74.1	BL	Rt. 132 @T
	R	Rt. 6A East
76.9		<b>Pit Stop #5</b> Barnstable Town Building



Mi	Turn	Onto - Comments
82.9	R	Setucket
88.7	F	St.ony Brook Rd. @V
89.5	R	Rt. 6A East @T
89.6	R	Tubman Rd.
91.0	F	Long Pond Rd. @V (Rt. 137)
91.3	L	<b>Pit Stop # 6</b> at start of the Cape Cod Rail Trail <b>[Caution: pedestrians, children, unskilled riders]</b>
92.3	X	Under Rt. 6A <b>[Caution: tunnel, slow bike traffic]</b>
94.0	X	Under Rt. 6A <b>[Caution: tunnel, slow bike traffic]</b>
95.6	L	Salty Ridge Rd. at end of trail

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95.7	R	West Rd. @T
95.9	L	Cape Cod Rail Trail <b>[Caution: pedestrians, children, unskilled riders]</b>
97.1	X	Rt. 6 on trail bridge
98.5		<b>Pit Stop #7</b> Breckett Rd., Eastham
100.3	X	Under Rt. 6 <b>[Caution: tunnel, slow bike traffic]</b>
105.5		<b>Pit Stop #8</b> in parking lot at end of trail
105.6	L	LeCount Hollow Rd. @T after parking lot
105.7	R	Route 6 @SS
113.9	R	South Highland Rd.
115.3	L	Highland Rd. <b>[P stop after overpass]</b>
116.4	R	Shore Rd. @SS (Rt 6A)
120.9	F	Provincetown Town Line



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121.9	L	Cape Inn Resort @V <b>Final Rider Check In</b>
123.8		The Boat Slip and Closing Ceremonies

All Riders must check in at each Check Point.

**Pit 1 Weymouth**

14 Miles from the Start of the Ride

Opens: 6:30 a.m.

Closes: 8:45 a.m.

**Pit 2 Halifax (Check Point)**

15.2 Miles from Pit 1

Opens: 7:15 a.m.

Closes: 9:45 a.m.

**Pit 3 Plymouth**

14 Miles from Pit 2

Opens: 8:00 a.m.

Closes: 11:00 a.m.

**Pit 4 Bourne (Check Point)**

17 Miles from Pit 3

Opens: 8:30 a.m.

Closes: 12:45 p.m.

**Pit 5 Barnstable**

16.5 Miles from Pit 4

Opens: 10:45 a.m.

Closes: 2:15 p.m.

**Pit 6 Brewster (Check Point)**

13.6 Miles from Pit 5

Opens: 11:30 a.m.

Closes: 3:45 p.m.

**Pit 7 Eastham**

7.5 Miles from Pit 6

Opens: 11:45 a.m.

Closes: 4:15 p.m.

**Pit 8 Wellfleet (Check Point)**

6 Miles from Pit 7

Opens: 12:00 p.m.

Closes: 5:00 p.m.

**Pit 9 Provincetown (Check Point)**

15.5 Miles from Pit 8

Opens: 1:00 p.m.

Closes: 6:30 p.m.

