

# Harbor to the Bay Ride (Half Day Ride)

L=Left R=Right X=Cross F=Forward B=Bear Q=Quick SS=Stop Sign T=T-Stop TL=Traffic light V=Fork

Total	Turn	Onto - Comments
0.0		<b>Pit Stop #1</b>
0.2	F	Walk bike over bridge. [Illegal and dangerous to ride in rotary and over bridge.]
0.7	BL	After Sagamore Bridge, remount and ride downhill through parking lot.
0.9	L	Adams Rd.
1.0	R	Rt. 6A East @SS
1.9	BR	Rt. 130
3.1	BR	Rt. 130 through Sandwich
4.9	X	under Rt. 6
5.1	L	Service/Access Rd.
7.1	X	Quaker Meeting House Rd. @SS
9.3	X	Chase Rd. @SS
11.7	L QR	Rt. 149 @T Service/Access Rd.
12.5	L	Oak St. @SS



Total	Turn	Onto - Comments
13.6	BL R	Rt. 132 @T Rt. 6A East @T
16.4		<b>Pit Stop #2</b> Barnstable Town Building
22.4	R	Setucket
28.2	F	Stony Brook Rd. @V
29	R	Rt. 6A @T
29.1	R	Tubman Rd.
30.5	F	Long Pond Rd. @V (Rt. 137)
30.8	L	<b>Pit Stop #3</b> at start of the Cape Cod Rail Trail [Caution: pedestrians, children, unskilled riders]
31.8	X	Under Rt. 6A [Caution: tunnel, slow bike traffic]
33.5	X	Under Rt. 6A [Caution: tunnel, slow bike traffic]
35.1	L	Salty Ridge Rd. at end of trail
35.2	R	West Rd. @T

Total	Turn	Onto - Comments
35.4	L	Cape Cod Rail Trail [Caution: pedestrians, children, unskilled riders]
36.6	X	Rt. 6 on trail bridge
38		<b>Pit Stop #4</b> Breckett Rd., Eastham
39.8	X	Under Rt. 6 [Caution: tunnel, slow bike traffic]
45		<b>Pit Stop #5</b> in parking lot at end of trail
45.1	L	LeCount Hollow Rd. @T after parking lot
45.2	R	Route 6 @SS
53.4	R	South Highland Rd.
54.8	L	Highland Rd. [P stop after overpass]
55.9	R	Shore Rd. @SS (Rt 6A)
59.4	F	Provincetown Town line



Total	Turn	Onto - Comments
60.4	L	Cape Inn Resort @V <b>Final Rider Check In</b>
62.3		The Boat Slip and Closing Ceremonies

**All Riders must check in at each Check Point.**

**Pit 1 Bourne (Check Point)**

Opens: 8:30 a.m.

Closes: 12:45 p.m.

**Pit 2 Barnstable**

16.5 Miles from Pit 1

Opens: 10:45 a.m.

Closes: 2:15 p.m.

**Pit 3 Brewster (Check Point)**

13.6 Miles from Pit 2

Opens: 11:30 a.m.

Closes: 3:45 p.m.

**Pit 4 Eastham**

7.5 Miles from Pit 3

Opens: 11:45 a.m.

Closes: 4:15 p.m.

**Pit 5 Wellfleet (Check Point)**

6 Miles from Pit 4

Opens: 12:00 p.m.

Closes: 5:00 p.m.

**Pit 6 Provincetown (Check Point)**

15.5 Miles from Pit 5

Opens: 1:00 p.m.

Closes: 6:30 p.m.

