

Harbor to the Bay 2009

Pit Stop #	Location	Opening Time	Closing Time	Crew Team	Pit Stop Leader	RR
1	Weymouth - Ernest B. Mowry Square next to Stetson Place	6:30 AM	8:45 AM	CRI	Erin Molloy	PJ

Distance: 14 miles by bike from start of ride

Directions: Small Park("Ernest B. Mowry Square") next to Stetson Place building and directly across from the house # 616 on RT. 18. Route 93 South to Route 3 "South Cape Cod". Take Exit 16B "Abington/ S. Weymouth / Route 18 South". Take a right off of exit. Go approx. ¾ mile. Turn right into small "Ernest B. Mowry Square" park inlet after "Stetson Place" before Whipple Street.

Estimated Time: 25 minutes from Boston

2	Halifax Boat Ramp	7:15 AM	9:45 AM	Players Club	Kristen Reaney	PJ
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Distance: 15.2 miles by bike from last pit stop

Directions: Route 93 South to Route 3 South Cape Cod. Take Exit 13 "Route 53" (123/Norwell/Hanover) Go onto 53 South towards Pembroke. Slight right onto 53/ Washington Street. Right onto Old Washington Street. Left onto Silver Street. Left onto Main street. Right onto 139/Hanover Street. Left onto Center Street (Center becomes Broadway then Broadway become Winter Street). Left onto Route 58 (Route 58 and Monponsett is the same road). Look for house number 497 Monponsett; Boat Ramp is across the street. (SIGN FOR BOAT RAMP IS VERY SMALL)

Estimated Time: 40 minutes from Boston

3	Skateboard Park - Plymouth	8:00 AM	11:00 AM	The Morgrage, Smith & Blais Families	Mindy Morgrage	PJ
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Distance: 14.0 miles by bike from last Pit Stop

Directions: Route 93 South to Route 3 South Cape Cod. Take Exit 6A towards Plymouth Center. Slight right onto Route 44/Samoset Street. Right onto Oak Street. Left onto Summer Street. Right onto Newfield Street. Go Past Basketball Court and near playground. See marked dirt area.

Estimated Time: 1 hour from Boston

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Pit Stop #	Location	Opening Time	Closing Time	Crew Team	Pit Stop Leader	RR
4	MBTA Parking Lot - Sagamore	8:30 AM	12:45 PM	Fenway Community Health	Woody Smith Aimee Van Wagenen	Has one

Start of Sagamore to Ptown Ride - CHECK POINT FOR ALL BOSTON RIDERS

Distance: 17.0 miles by bike from last Pit Stop

Directions: Route 93 South to Route 3 South Cape Cod. Continue to Exit 1A before the Sagamore Bridge, and stay left. Take left @ traffic light, following sign for Friendly's. Stay to right & turn right at the Mobil station. At stop sign near McDonald's, turn right. MBTA area is behind Visitor's Information building.

Estimated Time: 1 hour 15 minutes from Boston

5	Barnstable Fire Department	10:45 AM	2:15 PM	AAC/ Cardinal Sins	Kathy Ann Gianino	Fire Station
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Distance: 16.5 miles by bike from last Pit Stop

Directions: Route 93 South to Route 3 South Cape Cod. Over Sagamore Bridge continue to Exit 6 Route 132. Left onto Route 132 North. Right onto Route 6A. Go approx. 2.4 miles. Pit stop is behind the Fire Department.

Estimated Time: 2 hours from Boston

6	Beginning of Rail Trail - Brewster	11:30 AM	3:45 PM	Sea Coast Gay Men/GMFA	Joe Miller	Has One
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Lunch Stop for Sagamore Riders - RIDER CHECK POINT

Distance 13.6 miles by bike from last Pit Stop

Directions Route 93 South to Route 3 South Cape Cod. Over Sagamore Bridge, onto Route 6. Take Exit 11. Go Route 137 North approx. 2.5 miles to corner of "Long Pond and Underpass Road". Look for markings on the right side of the rail trail parking lot.

Estimated Time 2 hours and 15 minutes from Boston

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Pit Stop #	Location	Opening Time	Closing Time	Crew Team	Pit Stop Leader	RR
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7	Breckett Road - Eastham	11:45 AM	4:15 PM	CRI	Erin Molloy	Has One
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Distance 7.5 miles by bike from last Pit Stop

Directions Route 93 South to Route 3 Cape Cod. Over Sagamore Bridge, onto Route 6 all the way to the Orleans Rotary towards Provincetown. In Eastham (see Nauset Beach sign) at VALERO gasStation make a right onto Breckett Road. Go to Rail Trail and look for markings on right side.

Estimated Time 2 hours and 40 minutes from Boston

8	LeCount Hollow - Wellfleet	12:00 PM	5:00 PM	Club Café Angels	Tim Yeager	Has One
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RIDER CHECK POINT

Distance 6.0 miles by bike from last Pit Stop

Directions Route 93 South to Route 3 South Cape Cod. Over Sagamore Bridge, onto Route 6 all the way to the Orleans Rotary, continue on all the way to Wellfleet Past the “Marconi Beach” sign. Turn right at the sign for “LeCount Hallow Road/McGuire Landing”. Take your second right into the rail trail parking lot. That is the end of the lot where the Rail Trail comes out. Set up should be done in the parking lot.

Estimated Time 3 hours from Boston

9	Cape Inn Resort - Provincetown	1:00 PM	6:30 PM	Aids Support Group Cape Cod, Goodtimes & Harbor to the Bay	Thomas Boyden	Has One
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Distance 15.5 miles by bike from last Pit Stop

Directions Route 93 South to Route 3 South Cape Cod . Over Sagamore Bridge, onto Route 6 all the way to the Orleans Rotary, continue on past Truro and into Provincetown. Take the first Provincetown exit “Ptown, East End” onto Snail Road. The Cape Inn Resort is on the left at the end of the street.

Estimated Time 3 hours and 15 mins from Boston